

By The Sea

Fabric by Helen Weinman of Heartbeat Quilts
Projects by Miriam Gourley Rawson

BY THE SEA decorative accents including pretty birds, an inviting pillows, and a no-sew valance. She shows the valance as a door accent, but you can install it on a window just as easily - her instructions are easily converted to accommodate doors and windows of any width!

VALANCE - You'll Need:

- 1/3 yd hydrangea print – Casing and lower valance
- 1/4 yd toile print – Main valance
- 1 1/2" – Diagonal stripe – Trim
- Fusible web (Miriam suggests Heat n Bond Quilter's Edge)

Cutting Guide:

1. Cut casing and lower valance from the hydrangea print.
Casing dimensions are 5 1/2" x 38" and lower valance is 5" x 38".
2. Cut main valance from toile fabric. Dimensions are 9" x 38".
3. The trim is cut from the diagonal stripe and is 1 1/2" x 38".



Instructions

1. You will need to trim the bottom edge so it curves from 3" at each side to 5" at the bottom. Fold the fabric in half and pencil lightly at the 3" mark (fig. 1)
2. Draw the curve so it gradually comes to the 5" edge, and trim with scissors (Fig. 2)
3. Use the scallop pattern to trace along the bottom edge, on the wrong side (Fig. 3)



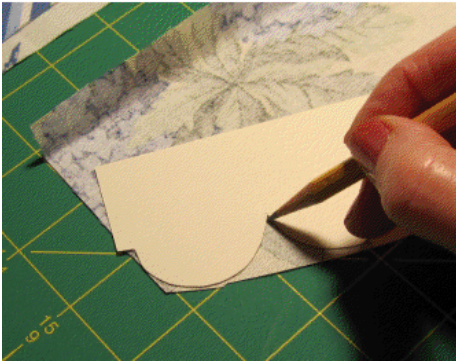
Fig. 1



Fig. 2



Fig. 3



4. Press the tape onto the top edge of the Lower valance, on the right side:



Note: The paper side should be facing you. Follow manufacturer's instructions carefully.



5. When the adhesive is cool, remove the paper, and place the main valance piece so it overlaps the adhesive on the lower valance. Press to adhere the two pieces together, and let it cool.



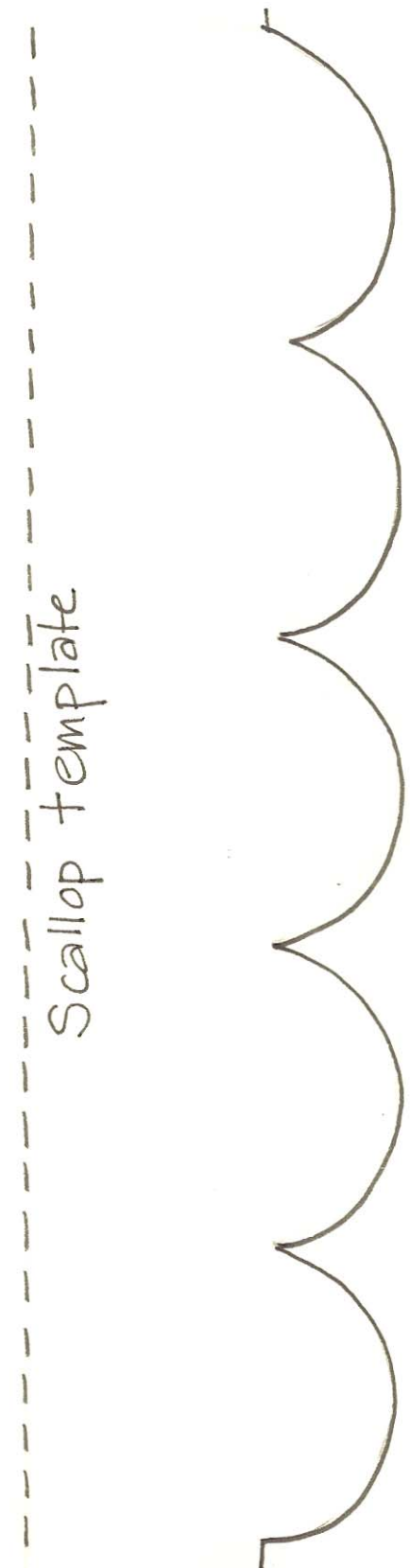
6. Press under 1/4" along each edge of the trim and use the iron to adhere the fusible web to each edge:



7. After you remove the paper, place the trim onto the valance. Place the lower edge of the trim on the area that the two valance pieces overlap



Continued



Valance - continued



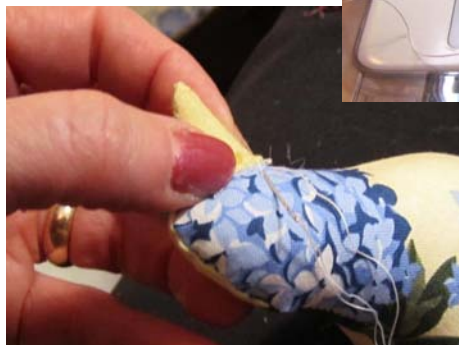
1. Iron the adhesive to the top edge of the toile (main valance).
2. Press under one edge of the casing. Place the casing right sides together with the top of the main valance. Iron the fabrics together:
3. When the fabrics have cooled, fold the casing up and press it.
4. You may find that some of the edges are uneven, so you may need to trim away excess fabric:

5. Iron the adhesive to the wrong side of each edge and remove the paper.
6. Press under 1/2" along each edge to 'hem' the sides:



7. Iron adhesive to the top edge of the casing, on the wrong side. Remove the paper, then fold the casing to the back of the valance so it covers the top 'seam', and iron in place:

Seaside Birds



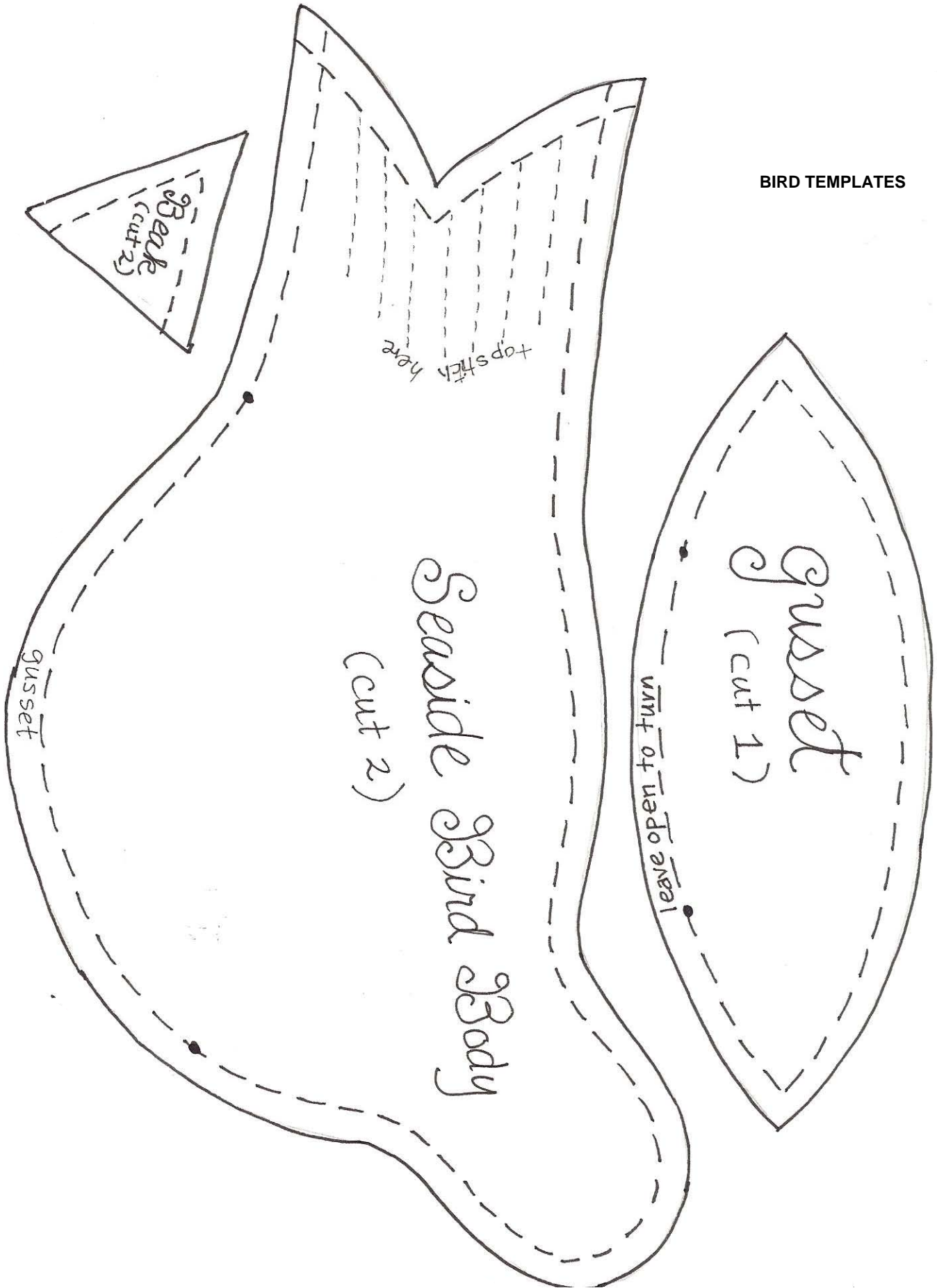
BIRDS - You'll Need:

- 1 fat quarter of Hydrangea print
- Scrap of yellow for the beak
- Fairfield Polyfil fiberfill

Instructions:

- Cut out the bird sections using the templates on the following page. Mark the dots that indicate the gusset opening at the bottom of the bird.
- Place the bird body pieces right sides together, and stitch around the bird, leaving the tail and the gusset sections open.
- Finger press the seam near the tail section, and pin the tail together so the seams are on top of each other. Stitch $\frac{1}{4}$ " from the curved edge.
- Pin the gusset to one side of the bottom opening and stitch in place. Note: You will start and end the stitching $\frac{1}{4}$ " from each point of the gusset.
- Repeat Step 4 for the other side of the gusset, but leave an opening as indicated on the gusset pattern piece.
- Turn the bird right side out and lightly stuff the tail area. Lightly pencil 'feather' lines as indicated on the pattern piece of the tail area.
- Top-stitch the penciled lines and finish stuffing the bird body.
- Create the beak by placing the beak sections right sides together and stitch, leaving the top end open.
- Stuff the beak. To make it easier to attach the beak to the bird, you can gather the open end just slightly to keep the raw edges inside as you stitch the beak in place. #

BIRD TEMPLATES



Seaside Pillows



Fig. 2



Fig. 3



Fig. 4



Fig. 5



Fig. 6



Fig. 7

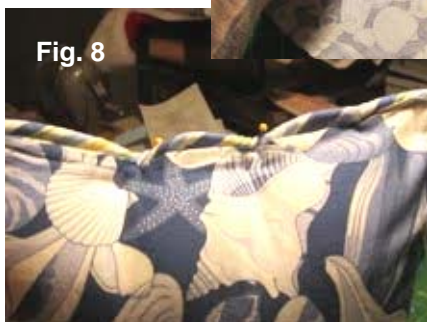


Fig. 8



PILLOWS - You'll Need:

- 1/3 yd fabric for pillow
- 1 1/2" x 45" fabric for piping
- 45" cording (3/8")
- 10" x 10" pillow form

Instructions:

- Use the 1 1/2" x 45" strip of fabric to cover the cording. (Fig. 1) You will fold the strip in half around the cording and use a zipper foot to stitch close to the cording. (Fig. 2)
- Cut the main pillow fabric. To do this, look on the packaging of the pillow form to see its size. If, for example, the pillow is 10" x 10", cut two squares of fabric 10 1/2" x 10 1/2". Even though the finished size will be a fraction smaller than the pillow form size, it is best to have a snug fit on the form—there is less chance of wrinkles and corners that don't have enough stuffing
- Pin the piping to the middle of one of the sides of one square of fabric. Match the raw edges of the piping to the outside edge of the square.
- To begin stitching, pull the piping out of the end of the covering, about 3/4". The end of the piping cover will then be formed into an 'L' shape, so the raw end of the piping doesn't show when the pillow is finished. (Fig. 3)
- When you get close to the corner, clip the piping to the stitching so it will go around the corner easily. (Fig. 4)
- When you get to the end, pull the cording from the piping so it butts up against the start of the piping and cut it. Fold the piping covering down in another L-shape, as you did at the beginning, and stitch over both ends. (Fig. 5 & Fig 6)
- Place pillow covering right sides together, and pin. Note: If you place the pre-stitched side on top, you can use the previous stitching as a guide and stitch right over the top of the previous stitching.
- Stitch around the pillow, leaving one end open for turning. (Fig 7)
- Press the finished pillow covering and insert the pillow form. Turn the raw edges inside, and hand stitch. (Fig 8)